



Care Bags with Compassion

Baptist Mobile Health Ministry believes that every person is created in God's image and deserves compassionate, dignified care. Our care bags are a simple way to extend Christ's love--supporting Spiritual, oral health, and everyday needs.

"Let all that you do be done in love." 1 Corinthians 16:14

Here are a few ideas for items to put in the Care Bags. If you decide to make these bags, please email us at baptistmobilehealthministry.com and we will arrange to pick them up.



ORAL HEALTH SUPPORT ITEMS

- Toothbrush
- Toothpaste
- Floss picks and interdental brushes
- Alcohol-free mouthwash
- Denture care supplies



DRY MOUTH & COMFORT ITEMS

- Dry mouth rinse or spray
- Lip balm
- Hydration products
- Cold packs for swelling
- Salt packets for warm water rinses
- Clove oil for temporary relief



EVERYDAY ESSENTIALS

- Socks
- Bottled water
- Crackers
- Granola Bars
- Chips
- Mints or gum



PRACTICAL ITEMS

- Phone chargers
- Notebooks and pens
- Reusable bags
- Ziplock bags
- Hydration packs
- Water flavor packs



HELPFUL RESOURCES

- List of local clinics and dental services
- Food and housing assistance
- Recovery support services
- Confidential help information



EXPOSURE TO THE GOSPEL ITEMS

- Bibles
- Bible verse cards
- Crosses/bracelets, etc.
- Religious tracts/books
- Church information/invitation
- A message of encouragement

**"The Lord is close to the
brokenhearted..." Psalm 34:18**